Wood River MTB Team Coaching Requirements

"NICA-licensed coaches are role models and teachers who are open to learning the best practices of youth mountain bike coaching and actively working to hone their leadership skills." — IICL

Level I Coach Requirements

Time requirements to reach Level I Coach - Four Hours 18+ years old Register at Pit Zone \$25 fee - reimbursable by the IICL Fill out participation agreement in the Pit Zone **Complete background check through NICA and the Blaine County School District** Complete Concussion Training and upload your certificate to the Pit Zone NICA Philosophy, Safety, and Risk Management NICA Coach License Level 1 (every two years) Athlete Abuse Training available in coach courses (expires after 2 years) Attend the WR MTB Team Coaches Clinic Level I coaches can assist NICA Level II and III coaches on rides. There must always be one Level II/III with a Level I coach on all rides.

Level II Coach Requirements

Time requirements to reach Level II Coach - 22 Hours

18+ years old

Register at Pit Zone \$25 fee - reimbursable by the IICL

Complete all of Level 1 requirements. Annual renewal needed for:

Concussion training

Background check through NICA and the Blaine County School District

Participation agreement and Coach license in the Pit Zone

NICA Coach License Level 2 (every two years)

NICA Philosophy, Safety, and Risk Management

Wilderness First Aid class completion (NOLS April 30-May 1, 2022)

Document 20 hours of field work for coach license renewal every 2 years

Attend On-the-Bike 101 (OTB 101) online and in-person class

Earn 3 CEU Credits every 3 years

Attend the WR MTB Team Coaches Clinic

Level III Coach Requirements

Time requirements to reach Level III Coach - 22-28 Hours 18+ years old Register at Pit Zone \$25 fee - reimbursable by the IICL Complete all of the level 2 requirements. **Background check through NICA and the Blaine County School District** NICA Coach License Level 3 (every two years) NICA Philosophy, Safety, and Risk Management Wilderness First Aid class completion (NOLS April 30-May 1, 2022) Document 80 hours of field work for coach license renewal every 2 years Attend On-the-Bike 101 (OTB 101) online and in-person class Participate in NICA Leaders Summit (online for Idaho) Earn 9 CEU Credits every 3 years Attend the WR MTB Team Coaches Clinic